empowering women since 1881
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the Shareline

April 2016

Hayward/Castro Valley Branch
www.hcv-ca.aauw.net

TAKING CHARGE OF HEALTH NEEDS IN RETIREMENT

APRIL 26TH AT 6PM

CASTRO VALLEY LIBRARY

PRESENTER: Elaine Wong,

a member of our branch works for California Health Advocates which is a non-profit organization. They do not endorse or sell any products or services. Their goal is to provide information to help people make informed decisions.

Retirement planning – what comes to mind?

Saving enough to have income for food, housing, clothes and what's on your bucket list.

What about health care and long-term care costs?

Doesn't Medicare cover that? What about Medicaid?

The majority of Americans say they want to "age in place."
However, most don't plan for it.

The presentation will discuss why we need to include health care and long-term care costs in saving for retirement, and why we need to plan for "aging in place."

Bring your younger friends to this talk as it really impacts the younger set who have not planned for their future!

MARK YOUR CALENDAR !

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EVERY THURSDAY
Walking Group

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April 4
Board Meeting

April 6
Drama Reading

April 8
Bunco

April 11,12
Movie on
Sexual Assault

April 14
Pot Luck Lunch
& Movie on
Sexual Assault

April 15-17
State Convention

April 18
Book Group

April 20
Movie on
Sexual Assault,
Alameda College

April 26
Planning Health
Needs in
Retirement

May 13
Souper Supper

Hiking/Walking Group

Meet at Lake Chabot near the café **EVERY THURSDAY** at 8:30 AM, or contact Ruth Rymer ruthrymer@sbcglobal.net, or call Ruth at 317-2010.

Everyone is welcome and more members/friends are coming each week.

Remember: exercise is the best medicine as we get older!

BOARD MEETING

April 4th
6:30 pm
at Liz Bathgate's home

DRAMA READING

Wednesday, April 6th
At 7 pm

The play this month is "Blithe Spirit", a comic play by Noel Coward. The play concerns the socialite and novelist Charlie Condamine who invites the eccentric medium and clairvoyant, Madam Arcati, to his house to conduct a seance, hoping to gather material for his next book. The scheme backfires when he is haunted by the ghost of his annoying and temperamental first wife, Elvira, after the seance.

All are welcome!!

If you are a new member and need more information, call Liz at 581-0461.

FRIDAY, APRIL 8---6:30 TO 9pm

DEE BUTNER'S HOME
4789 ROLLINGHILLS WAY
CASTRO VALLEY

RSVP-DEE BUTNER-
TEL# (510) 537-8541
PLEASE RSVP BY APRIL 4

WHEN YOU CALL (PLEASE CALL DEE BUTNER ONLY) AND I WILL HELP YOU DECIDE WHAT TO BRING FOR OUR MEAL--APPETIZER, DESSERT, DRINK. PLEASE BRING 5 ($1) FOR CHANGE.

EASY DIRECTIONS--TO GET TO DEE'S HOUSE COMING FROM CASTRO VALLEY BLVD. TURN NORTH ON CENTER STREET AND CONTINUE TO EDWARDS AND TURN RIGHT. GO ONE LONG BLOCK AND TURN LEFT ON GLIDDON. GO 2 SHORT BLOCKS AND TURN RIGHT ON ROLLINGHILLS WAY. MY HOUSE IS YELLOW ON THE CORNER--4789 ROLLINGHILLS WAY.

Note: WE ARE CONSIDERING LIMITING THE GAME TO 8 PLAYERS. FOR THE LAST SEVERAL MONTHS IT HAS BEEN DIFFICULT TO GET 12. WE WILL SEE HOW IT GOES THIS TIME.

DEE BUTNER AND DEE DONALDSON

POT LUCK LUNCH & A MOVIE

April 14th at 11am

Judy Harrison has once again offered her home at 25319 Morse Ct in Hayward for a pot luck lunch and a chance to watch the movie "The Hunting Ground".

This movie is another one dealing with young college women who were raped on their campuses. It includes Berkeley as one of the colleges which are not handling this issue well at all. Berkeley is in the news right now having fired three prominent men employees for sexual abuse just this past month.

The film is 90 minutes long so we will eat after the movie ends and have a discussion which will be led by Ruth Rymer.

Everyone is asked to bring some food to share for the pot luck.

"IT HAPPENED HERE"

Movie On Sexual Assault

We are sponsoring the showing of this film which deals with Sexual Assault on college campuses. This is our main topic for the community at large and we are hoping to show it on five college campuses this spring.

The first showing will be at Cal State on **April 11th at 7pm** in Lassen Hall. It's large enough so many students and members of the community can come to view it. **The following day** (April 12) from 11-2 the Alameda County District Attorney's office will be holding a panel discussion on this same topic in the Old Union Bldg room 102 again at Cal State East Bay.

April 12th at 1pm, it will be shown in the Little Theater on the Chabot College campus. It will be open to the students and the public. The Chabot College movie might be more convenient for those of you who do not work.

April 27th it will be shown on the Alameda College Campus. This showing was arranged by the President of AAUW Alameda.

CONVENTION 2016
AAUW CA
EMPOWERING YOU

April 15-17th

San Mateo Marriott-San Francisco Airport Hotel

AAUW CA – Empowering You! Is our convention theme this year. It's a reminder of how the AAUW Value Promise enables us to be a powerful force for improving the lives of women and girls, and how the community we create at this Convention recharges and reaffirms our convictions.

Join us and empower yourself and empower others!

Attend a variety of workshops and plenary sessions; experience the power of self-organizing in the Open Space event, and take advantage of the formal and informal opportunities to engage with members and leaders from other branches and from our National AAUW.

It's a short drive across the San Mateo bridge and by attending the Saturday workshops you will come away with many ideas.

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BOOK GROUP MEETING

Monday, April 18th
2pm to 4 pm

The April meeting of the branch book group will be at the home of Berna Neumiller, 21407 Tanglewood Drive, Castro Valley. Pat Buchanan will review the book *Days of Destruction, Days of Revolt* by Chris Hedges. Refreshments will be served.

All branch members are encouraged to join these afternoons of friends, books, and discussions. If you are new to the group, please call Berna at 538-6650 to let her know you are coming. If you are a regular member and cannot make the meeting, or are bringing a guest, please let Berna know. Our hostess needs to know how many to expect so she can plan seating and refreshments. Thank you.

Our last meeting of the year will be on Monday afternoon, May 16, at Helene Victor's Castro Valley home, Mark your calendar now.

Souper Supper

We will once again be having our *Souper Supper on May 13th* at the First Baptist Church, at the corner of Redwood Road and 7 Hills Road.

We will be doing something new this year. We will ask members to bring their soups or salads and of course their significant others or friends. We will provide the bread and drinks.

We will have our newest Tech Trek girls and their families there for introductions and we also will have our Scholarship recipient from Chabot College. This young lady will receive a scholarship to the National Conference for College Women Student Leaders at the University of Maryland, College Park. This will be the third year we have given this scholarship and this event will be a fund raiser to send this young lady to Maryland.

Our fund raiser will be a drawing to win a dessert that you may share with your tablemates or take home. We will be selling tickets and ask that each and everyone who comes to the event brings a dessert for the drawing. Hopefully many of you can be creative in the kitchen for this dessert, but Costco sells wonderful desserts if you are not inclined to make you own.

MEMBER NEWS

If you have news about a member who needs to be congratulated on a special occasion or accomplishment, who needs to be encouraged during illness or difficult time, or to be reminded we are here for him/her, please contact your corresponding secretary Barbara Jones at 538.0516 or by email at bb_jones@pacbell.net . Let's let our friends know we care.

AAUW WASHINGTON UPDATE

March 4, 2016

It's March and AAUW is celebrating Women's History Month. In 1979, President Jimmy Carter declared March 2-8, 1980 as the first ever Women's History Week. On March 2, 2016, AAUW was honored to be invited to a celebration of Women's History Month with First Lady Michelle Obama, Dr. Jill Biden, United States House Minority Leader Nancy Pelosi and Republican Conference Chairwoman Cathy McMorris Rogers. The event honored retired Brigadier General Wilma L. Vaught, one of the most highly decorated women to serve in the United States military and a driving force behind the creation of the Women's Memorial at Arlington National Cemetery. Linda Hallman, AAUW's CEO, a veteran herself, attended the event on behalf of AAUW.

Take time this month to think about women you know of who have yet to be recognized. Who are those women in your community who deserve to be in the history books? Or maybe it's you that will make history! And if you are interested in how we at AAUW answer this question, check out our blog throughout the month for many fascinating stories about the unsung heroines of AAUW.

AAUW Attends Pre-Oscars "Dinner for Equality"

Patricia Arquette, the Oscar-winning actress, co-hosted an intimate "Dinner for Equality" party this past weekend, with Salesforce CEO Marc Benioff. AAUW Vice President of Government Relations, Lisa Maatz, was invited to join dinner guests spanning the entertainment, political, business, and activism fields to discuss the need for gender equality in America. This event was held in Arquette's home in California, a state that recently passed the nation's strictest pay equity law, the California Fair Pay Act. Following the dinner party, Arquette introduced Kamala Lopez's documentary "Equal Means Equal," a compelling and persuasive film on the urgency of ratifying the Equal Rights Amendment.

Supreme Court Hears Oral Arguments on Most Important Abortion Case Since *Roe v. Wade*

This past Wednesday, the Supreme Court heard one of its most consequential abortion cases, *Whole Woman's Health v. Hellerstedt*, to determine how far states may go in regulating the procedure without violating a woman's constitutional rights. In 2013, Texas passed one of the most restrictive abortion laws in the country. Because of this law, several women's health clinics were forced to close and only 19 clinics currently provide abortion services in the entire state.
These restrictions for women seeking abortions disproportionately affect women of color and low income women. AAUW signed on to an amicus brief in this case and staff and interns were present at the steps of the Supreme Court on the morning of oral arguments to rally in support of reproductive rights.

Bill to Expand Rights for Sexual Assault Survivors Introduced in Senate

The Sexual Assault Survivors' Rights Act was introduced in the Senate on Tuesday. Amanda Nguyen, a survivor and activist, helped craft the bill after her rape kit was nearly destroyed by the state of Massachusetts. Under Massachusetts state law, rape kits are destroyed in six

months unless the survivor files an "extension request," despite having 15 years to decide whether to pursue legal action. The pamphlet given to Nguyen at the hospital did not explain how to file an extension request. The Sexual Assault Survivors' Rights Act establishes steps to provide survivors with a trained sexual assault counselor to fully understand their legal options. The bill also ensures the right to know the location of their rape kit, whether the kit has been tested, and the test results. These rights are guaranteed to the survivor whether or not she or he decides to take legal action.

March 11, 2016

AAUW members should be very proud of the widespread progress on equal pay in the states in the last year. In October, California passed the strongest equal pay law in the nation. AAUW members advocated on behalf of the bill and were present at the bill's signing. Even more, AAUW helped to organize a blitz of equal pay bills in states for 2016—33 to be exact (and counting!)—which have been introduced or are pending this session. Your tireless advocacy and ongoing support make these extensive achievements possible.

Top Stories

Paid Sick Days Make Progress Nationally and in the States

The U.S. Department of Labor (DOL) recently released a proposed rule to implement President Barack Obama's executive order on paid sick days. The rule would require federal contractors to provide up to 56 hours of earned paid sick leave to employees annually. Contractors are required to either provide one hour of paid sick leave for every 30 hours worked or provide 56 hours of paid sick leave at the beginning of an accrual year. DOL estimates that the proposed rule would benefit 828,000 workers, 50 percent of whom currently do not have any paid sick days. In state news, Vermont became the fifth state to require employers to provide paid sick days. Governor Peter Shumlin (D) signed the bill on Wednesday, and it is set to take effect in January 2017. Workers in Vermont will receive three earned paid sick days per year in 2017, increasing to five days in 2019.

Supreme Court Report

President Obama Meets with Three Supreme Court Candidates

President Obama met with three candidates who could potentially be nominated to replace Justice Antonin Scalia on the U.S. Supreme Court. The candidates being vetted are Chief Judge Merrick Garland (U.S. Court of Appeals for the District of Columbia), Judge Paul Watford (9th Circuit Court of Appeals), and Judge Sri Srinivasan (U.S. Court of Appeals for the District of Columbia). Garland joined the appeals court in 1997, and his confirmation was pushed through by Sen. Orrin Hatch (R-UT). Srinivasan was confirmed (97-0) to the D.C. appeals court three years ago after serving in the solicitor general's office in the Bush and Obama administrations. Watford was confirmed (61-34) to the 9th Circuit in 2012, and he would be the third African-American to serve on the U.S. Supreme Court.

AAUW ACTION NETWORK

Urge the Senate to Consider President Obama's Supreme Court Nominee

Yesterday President Obama made good on his promise from 33 days ago by nominating Judge Merrick Garland to fill the U.S. Supreme Court vacancy left by the passing of Justice Antonin Scalia. AAUW members and supporters nationwide have urged the president to move forward with a nominee, thereby beginning the critical constitutional process to fill the seat. The president believes that Garland, a seasoned appeals court jurist, meets the criteria for this lifetime appointment because of his "independent mind and unimpeachable credentials [and an] unquestionable mastery of the law."

It is now time for the U.S. Senate to undertake its constitutional duties on Garland's nomination. The country deserves a national conversation on this candidate's qualifications, and the candidate deserves a hearing and serious consideration. It is now the Senate's turn to be an effective steward of the Constitution and advise the president on the nomination. Our history shows that there is ample time for the Senate to consider this nominee and give him an "up or down" vote.

Take action by thanking the president and urging the U.S. Senate to rise above the partisan fray and simply do what the Constitution requires: fairly and expeditiously consider the president's nominee.

If the U.S. Senate does not perform its constitutional duty, the U.S. Supreme Court will not have a full complement of justices for the bulk of two court terms—well over a year. This unprecedented delay could have dangerous consequences not only because it creates uncertainty in our courts, but also because it undermines our constitutional system of judicial succession for the highest court in the nation.

Thank the president and urge the U.S. Senate to perform their constitutionally appointed duties in the face of a vacancy on the U.S. Supreme Court.

After you take action, pledge to meet with your senators, about the confirmation process, in their district offices during the upcoming congressional recess.