



“Every morning is a chance at a new day.” —

Marjorie Pay Hinckley, Author

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AAUW Hayward-Castro Valley Awards 1st CSUEB History Scholarship



Back row left to right: Pat Macsata, Liz Bathgate, Bridget Ford (Professor Dept. of History), Jen Ripley (Director of Development), Linda Slater, Unknown
Front row left to right: Helene Victor, Trix Welch (scholarship recipient), Cathy Sandeen (CSUEB President), Judy Harrison

Meet **Trix Welch**, center, holding a copy of East Bay Historia, the academic journal she spearheaded in 2022 as Editor-in-Chief. Trix, entering her senior year at Cal State Univ. East Bay, is a Library Student Ambassador, helping students with key information on how to access and better use the services. She has created a number of YouTube videos, social media content, and workshops for the library as well. She plans to pursue a Master's in Library and Information Science once she finishes her BA in History. During the summer she will be working as a history research intern for the Pacific Atrocities Education project researching the propaganda used by the Japanese government during WWII. She manages the organization's blog, podcast, YouTube channel, and more.

Her \$1,500 scholarship (the largest ever given by the history department) was made possible by the generous legacy of branch member Patricia Ball. An endowed scholarship fund has been established for the CSUEB History Dept. to ensure that every year a deserving history student will be honored from now on. Congratulations to Trix!

Membership Renewal

\$64 is tax deductible

Please renew your AAUW Membership (if you haven't already).

National dues, for 2022-23, are \$67, of which \$64 will be tax deductible. California state and local branch dues, although not tax deductible, will remain the same at \$20 and \$15 respectively. **Total Dues = \$102.**

Renew **BY CHECK**: Make a check out to *AAUW* and mail to Liz Bathgate, membership chair, at 22112 Queen St. Castro Valley, CA 94546.

Renew **ONLINE**: Go to [Login - AAUW](#)

1. Scroll below the blue login button and click **Forgot Password** at the bottom.
2. Enter your email address, then click **Reset Your Password** to receive your login email.
3. Note: If you do not receive the email, contact connect@aauw.org for help.
4. Once the email arrives, enter your email address and **Create and Confirm your Password** and access your **Personal Snapshot**.
5. Within your **Personal Snapshot**, click the blue **RENEW** button at the bottom to renew your national, add Hayward-Castro Valley Branch CA0039, and state memberships!

Questions? Send an email to elisabethbathgate@icloud.com

Meet Our Tech Trek Girls

We're Having an Ice Cream Social

Join your Tech Trek Committee in welcoming our 2022 Tech Trek girls *in person* on:

When: **Sunday, September 25, 2022**

Time: from 2 - 4 PM

Where: Jensen Hall

Faith Lutheran Church
20080 Redwood Rd., Castro Valley.

RSVP to Linda Slater @ slaterl@sbcglobal.net. Masking and social distancing requested. Hope to see you here!



Stay-at-Home Fundraiser for Tech Trek

That's right our Branch is holding a stay-at-home fundraiser for Tech Trek. There is no need to get in your car to drive anywhere, buy a new dress to look spiffy, or spend time getting your hair and nails done. Just stay-at-home and support the best AAUW program ever: Tech Trek!

Tech Trek is a fun, interactive, in-person or virtual camp for 7th grade girls interested in Science, Technology, Engineering and Math (STEM). In the last couple of years, we have been fortunate to send seven (7) girls to camp, thanks to the generosity of our members.

Your donation of \$1,000 will send one (1) girl to in-person camp.

Your donation of \$400 will send one (1) girl to virtual camp.

Your donation, of any amount, will go a long way to meeting our goal of sending seven (7) more deserving 7th grade girls to camp during summer 2023. Hope we count on you?

Please send a check, made out to *AAUW Tech Trek*, to:

Thank you for supporting the Tech Trek program! Join us on September 25th to meet our Tech Trek girls in person. Masking and social distancing requested.

Interest Groups



Drama Reading Group

The drama reading group is on hiatus until October.

Questions? Please contact elisabethbathgate@icloud.com.



Evening Book Group

The Evening Book Group will meet on **Wednesday, August 10, 2022, at 6:30 PM** on Zoom.

The group will be discussing the book ***Tender at the Bone: Growing Up at Table*** by **Ruth Reichl**. At an early age, Ruth discovered that “food could be a way of making sense of the world. If you watched people as they ate, you could find out who they were.” Her deliciously crafted memoir is the story of a life defined, determined, and enhanced in equal measure by a passion for food, by unforgettable people, and by the love of tales well told.

Please RSVP to slaterl@sbcglobal.net. The Zoom link will be sent out the week of the meeting.



Dining Out

A few weeks ago, I met a friend for lunch at an Italian place she raved about. My pal is a home chef with strong family roots in Northern Italy. The restaurant location has an unassuming entrance in a Pleasanton Lucky's strip mall. But inside, the room felt comfortable, decorated with treasured plates and artifacts. The lunch menu was very reasonable, and I ordered a meatball sandwich. The panini arrived hot. The melted mozzarella topped a huge meatball slathered in tomato sauce. One taste and I knew the meatballs and the tomato sauce are homemade. Choice of house salad, cup of soup or French Fries, all for \$14.50, served in a homey atmosphere.

Let's explore the panini, pastas, and other offerings at *DeLa Torre's* on **Wednesday, August 3 at 12:30pm**.

Details: DeLaTorre's, 6025 West Las Positas Blvd., Pleasanton

Website: www.delatorres.net

Please let me know you are coming by Tuesday, August 2. I'll make the reservation.

Email: patmacsata@gmail.com

Remember to bring cash. Keep track of what you order and add 30% to cover tax and tip. Any questions, contact me. We can arrange carpools.

Pat Macsata

News of the Month



AAUW Statement Strongly Condemns the U.S. Supreme Court's Opinion on *Dobbs v. Jackson Women's Health Organization*

The decision overturns the landmark *Roe v. Wade* ruling that established the right of privacy, for the mother, to obtain an abortion as a constitutionally protected right nearly 50 years ago and ignores the will of the American people, 80% of whom support legal abortion.

AAUW believes everyone has the right to make decisions about their own reproductive lives without government interference. Abortion access is vital to women's ability to control their lives, bodies and futures. Without reproductive freedom, there can be no equity. Being able to choose whether and when to become a parent improves women's well-being and fosters economic security—a crucial component of AAUW's mission.

This is particularly important in a country that lacks accessible maternal health care, paid caregiving leave and workplace protections for pregnant workers. The Court's decision hurts all of us, but it will do the most harm to low-income people, women of color, immigrants, people with disabilities and LGBTQ+ people, because these groups already face substantial barriers to accessing reproductive services and health care.

While the Court's decision is a major setback for all Americans, AAUW remains steadfast in our commitment to protecting reproductive rights, a vital component of gender equity.

Gloria Blackwell, AAUW Chief Executive Officer

June 24, 2022

August is National Immunization Awareness Month

National Immunization Awareness Month (NIAM) is an annual observance held in August to highlight the importance of vaccination for people of all ages. Use these resources to assist you in communicating to healthcare professionals, parents, and patients about immunization during August and throughout the year.



Growing Up with Vaccines

President's Message

Your Board

Barbara Halliday, Mayor of the City of Hayward

Linda Slater - President
slaterl@sbcglobal.net

Helene Carr - Treasurer
helene.carr@yahoo.com

Liz Bathgate - Recording Secretary
elisabethbathgate@icloud.com

Judy Harrison - Tech Trek
jharrison663@comcast.net

Pat Macsata - Dining Out
patmacsata@gmail.com

Helene Victor - Tech Trek
darrell.and.helene@gmail.com

Tammy Tribbles - Corresponding Secretary
Tammy@the.tribbles.com

Sandy Boswell - IBC
sandyboswell@rocketmail.com

Nancy Turner - Social Media
hendry-turner@sbcglobal.net

AAUW Hayward-Castro Valley Branch board meetings occur on the first Monday of every month at 6:30 PM on Zoom.

All branch members are encouraged to attend board meetings.

proclaims June 23, 2022, as The 50th Anniversary of Title IX

Title IX of the Education Amendments of 1972 is the federal law that prohibits sex discrimination in education, protecting staff and students in any educational institution or program that receives federal funds. This includes local school districts, colleges and universities, for-profit schools, career and technical education programs, libraries, and museums.

The U.S. Department of Education's Office for Civil Rights (OCR) is responsible for the implementation and enforcement of Title IX, its regulations, and its guidance. AAUW believes OCR must receive adequate funding to strengthen its Title IX enforcement efforts and advocates thorough investigation of complaints and proactive compliance review.

Thank you to Mayor Halliday for her proactive commitment to equity for women and girls.



[Download the Quick Facts on Title IX](#)

Good News

You may qualify for Medi-Cal thanks to historic change

Medi-Cal is California's Medicaid, a public health coverage program for individuals and families.

Starting **July 1, 2022**, the asset limit will significantly increase, from \$2,000 to \$130,000 for an individual. For a couple, the asset limit increases from \$3,000 to \$195,000.

The change is *historic* as the asset limit has not been updated since 1989.

California Health Advocates



Elaine Wong Eakin (a branch member) is a Certified Health Insurance Services provider available to answer any questions you might have about Medicare or Medi-Cal.

Visit Elaine's Website

Public Policy

As you may or may not know, **Senate Bill 1375** is one of the bills AAUW CA is supporting this year. This bill provides that Nurse Practitioners, under certain prescribed circumstances, should be allowed to perform some abortions. The bill was heard on June 21st in the Assembly Business and Professions Committee and is getting significant pushback from doctors' groups. Senator Atkins, the author, and other supporting groups feel a twitter campaign could be helpful and have asked us to participate. If you tweet, please send the message below. We are contacting Marc Berman because he is the chair of the Business and Professions committee.

Tweet: *[.@AsmMarcBerman](#) #SB1375 is a key piece of legislation to prepare California for the anticipated influx of patients seeking abortions from other states. NPs are qualified, educated, and ready to help #CloseTheProviderGap in abortion care. Vote YES on #SB1375!*

Member News

Darrell Victor, branch member and husband of Helene Victor, is in a nursing home receiving physical therapy. He can have visitors.

1. Before you go let the Nursing Home know you are coming. Call 510-782-8424. Tell them about what time. Ask to speak to Darrell so it is not a surprise. You will be transferred to his phone.
2. Bring your Covid test card.
3. Bring a quick Covid test. If you don't have one, they will supply it.
4. Ring the doorbell when you get there.

WINDSOR POST-ACUTE CARE CENTER OF HAYWARD **25919 Gading Road, Hayward**

Take Jackson to Santa Clara going west. Turn left if you are facing the freeway. Santa Clara turns into W Harder Road. Turn right onto Gading Rd. (Gading is just past Underwood Ave.)

For more information contact Helene at darrell.and.helene@gmail.com.

If you have news about a member who needs to be congratulated on a special occasion or accomplishment, who needs to be encouraged during illness or difficult time, or to be reminded we are here for him/her, please contact our corresponding secretary, Tammy Tribbles, at Tammy@thetribbles.com

This is especially important during these pandemic times when we are isolated from our branch friends and not enjoying our usual meetings. Let's show our friends know we care.

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