



“Clouds come floating into my life, no longer to carry rain or usher storm,
but to add color to my sunset sky.”

Rabindranath Tagore, Bengali Poet, Composer & Painter (1861)

[Visit our Website](#)

Meet Our Tech Trek Girls

You Are Invited! Ice Cream Social

Welcome our **2022 Tech Trek** girls *in person* on:

When: **Sunday, September 25, 2022**
Time: 2 - 4 PM
Where: Jensen Hall
Faith Lutheran Church
20080 Redwood Rd., Castro Valley.

RSVP to Linda Slater @ slaterl@sbcglobal.net.

Masking and social distancing requested.

Hope to see you here!



Stay-at-Home Fundraiser for Tech Trek



Our Branch is hosting a **stay-at-home fundraiser for Tech Trek**. There is no need to get in your car to drive anywhere or put down that great book you're reading. Just stay-at-home and support the best AAUW program ever: Tech Trek!

Tech Trek is a fun, interactive, in-person or virtual camp for 7th grade girls interested in Science, Technology, Engineering and Math (STEM). In the last couple of years, we have been fortunate to send seven (7) girls to camp, thanks to the generosity of our members.

Your donation of **\$1,000** will send one (1) girl to in-person camp.
Your donation of **\$400** will send one (1) girl to virtual camp.

Your donation, **of any \$ amount**, will go a long way to meeting our goal of sending seven (7) more deserving 7th grade girls to camp during summer 2023.

Hope we can count on you? Please send a check, made out to *AAUW Tech Trek*, to:

Helene Carr, Treasurer
PO Box 642
Hayward, CA 94543

Thank you for supporting the Tech Trek program! Join us on **September 25th** to meet our Tech Trek girls in person. Masking and social distancing requested.

Membership Matters



Many thanks to the members who have paid their 2022-2023 dues! The remaining members will be receiving phone calls and emails reminding them to renew.

We value you all too much to lose you as members of this vital organization.

Please renew online or make your dues check (Regular member \$102, Dual member \$15, Life member \$15) payable to **AAUW-HCV**:

Renew **BY CHECK**: Mail to Liz Bathgate, membership chair, at 22112 Queen St. Castro Valley, CA 94546.

Renew **ONLINE**: Go to [Login - AAUW](#)

Questions? Send an email to elisabethbathgate@icloud.com

Interest Groups



Drama Reading Group

The drama reading group is on hiatus until October.

Questions? Please contact elisabethbathgate@icloud.com.



Evening Book Group

The Evening Book Group will meet on **Thursday, September 13, 2022, at 6:30 PM** on Zoom.

The group will be discussing the book **Cloud Cuckoo Land by Anthony Doerr**. Cloud Cuckoo Land is a tapestry that stretches across centuries, linking the lives of five characters through words, stories, libraries and, most notably, an invented manuscript (for which the novel is named) written by the very real ancient Greek author Antonius Diogenes. It is a book that

is in love with nature and with libraries, that disdains advancement and yet embraces technology.

Please RSVP to slaterl@sbcglobal.net. The Zoom link will be sent out the week of the meeting.



Dining Out Group

Our August dining out excursion at Buon Appetito in Hayward was a big success. Six members gathered to enjoy a delicious lunch.

Planning for a September dining out event is in the works. Look for an email from Pat Macsata @ patmacsata@gmail.com

News of the Month



AAUW Action Fund

ACT - LEARN- ENGAGE

In the latest Washington Update from AAUW Action Fund, three headlines with action items are presented:

ACT— Support the Gender Equity in Education Act

LEARN—Educate yourself about the status of abortion rights in your state and talk openly about these issues.

ENGAGE—Plan ahead for Moms' Equal Pay Day on Sept. 8 and Black Women's Equal Pay Day on Sept. 21.

We encourage you to stay up to date on policy matters by looking for targeted Two-Minute Activist alerts in your inbox.

[Become a Two-Minute Activist](#)

September is National Suicide Prevention Month

Suicide is a problem that touches the lives of many Americans. Many of us may know someone, such as a friend, family member, or coworker who has attempted or died by suicide. Over the past two decades, suicide rates have steadily risen in the United States. Suicide is currently ranked 10th for cause of death among all ages.

It's important for you to know that suicide is preventable. With commitment and engagement in our communities, workplaces, and homes, together we can help reduce the number of suicides.



President's Message

Your Board

Linda Slater - President
slaterl@sbcglobal.net

Helene Carr - Treasurer
helene.carr@yahoo.com

Liz Bathgate - Recording Secretary
elisabethbathgate@icloud.com

Judy Harrison - Tech Trek
jharrison663@comcast.net

Pat Macsata - Dining Out
patmacsata@gmail.com

Helene Victor - Tech Trek
darrell.and.helene@gmail.com

Tammy Tribbles - Corresponding Secretary
Tammy@the.tribbles.com

Sandy Boswell - IBC
sandyboswell@rocketmail.com

Nancy Turner - Social Media
hendry-turner@sbcglobal.net

AAUW Hayward-Castro Valley Branch board meetings occur on the first Monday of every month at 6:30 PM on Zoom.

All branch members are encouraged to attend board meetings.

AAUW advances equity for women and girls through advocacy, education and research.



November Mid-Term Elections Are Just Months Away

Regardless of your political affiliation the act of voting is a centerpiece of our American democracy. But before you can vote, you must be registered to vote. Here are 10 ways you can help get more folks registered to vote.

1. Add the [I Will Vote](#) link to your phone and share it whenever the opportunity strikes.

2. Check in with [AC Vote](#), Alameda County's official election site for upcoming voter registration events, and information on how you can help their voter registration efforts.

3. The [Voto Latino](#) employs a number of different strategies to grow and engage the Latinx voting community. Sign up to volunteer with them. They also have a tool where you can send voter registration reminders to friends and family.

4. The [Oakland NAACP](#) office holds voter registration events. Find your local chapter and ask them about their voter registration efforts.

5. [Rock the Vote](#) is focused on building the youth vote. Get their free voter registration toolkit and learn how to hold your own event.

6. If you're involved with a nonprofit, look at the upcoming webinars offered by [Nonprofit Vote](#), as they tackle issues like getting communities involved with your nonprofit to be more engaged voters.

7. Get involved with the [League of Women Voters](#). Not only can you sign up to get action alerts regarding helping folks get access to voting, but your local LWV office no doubt holds voter registration events. Call and ask how you can help.

8. Become an [election worker in Alameda County](#). They provide the training, so you are knowledgeable about registering people and helping them to vote.

9. Canvass for your favorite candidate. While canvassing is about talking to already registered voters, opportunities arise such as finding a family member or roommate at that address who isn't registered, talking to the landscaper in front of an address, etc. Connect with your candidate's campaign office directly to volunteer.

10. Volunteer for a phone calling or texting campaign with the [Democratic Volunteer Center](#) within California or beyond. Volunteers work from home to encourage the community to get out and vote.

[My Voter Status](#)

Good News

AAUW Fellowships and Grants

AAUW awarded \$5 million in Fellowships and Grants this year to 320 recipients. 49 of these are in California.

There will be four Zoom meetings featuring many of these recipients as speakers. You will hear fascinating stories of their research and have an opportunity to schedule some of them as speakers for your branch.

Registration will start in September for meetings on the following dates:

Oct 15
Oct 22
Oct 23
Nov 12

This is your chance to see where your AAUW Fund dollars go!

AAUW Fellowships in
the News



2022-23 Fellowship
Opportunities

Public Policy



WHEN WOMEN VOTE WE CHANGE THE CONVERSATION

Since 1881, AAUW has been a leading voice promoting education and equity for women and girls. AAUW encourages women voters to get involved in the political process and gain a better understanding of the impact legislative action can have on our lives.

The recent US Supreme Court Dobbs decision on abortion has stimulated action in many states across the nation, including California. Our legislature passed and Governor Newsom signed AB1666 which will enable a woman coming into California to receive an abortion to be protected from lawsuits originating in her home state. This bill was co-sponsored by AAUW CA!

A further step protecting a woman's right to make personal medical decisions is a *Constitutional Amendment, Proposition 1*, which will be on the November 8 ballot. It would amend the California Constitution to prohibit the state from denying or interfering with an individual's reproductive freedom in her most intimate decisions, which includes the fundamental right to choose to have an abortion and the fundamental right to choose or refuse contraceptives. AAUW CA supports this Constitutional Amendment. Congressional races are particularly important this November.

Redistricting after the 2020 Census has changed the boundaries of many Congressional districts. In the current partisan climate, we need to be aware of what is at stake in both our national and state upcoming elections. Your current member of Congress may no longer represent you – be sure to become informed soon on the candidates for Congress in your district.

As you sort through all this, please reflect on priority issues affecting us, our daughters, and granddaughters, and evaluate candidates' positions on these issues. Here are resources to get helpful, non-partisan information:

[AAUW CA website](#): The Public Policy section will soon have more detail on priority issues and questions to ask of candidates.

[AAUW website](#): The toolkit has Ideas for branch activities, C/U partners, and specifics for 501 c 3 and 501 c 4 branches.

[CA Secretary of State website](#): The site has voter info, Ballot Initiatives. State and County Voter guides – mailed to all registered voters in October.

[We Draw the Lines website](#): The site has maps of newly re-drawn congressional districts [Register to vote](#), if you haven't already! And if you have recently moved you need to update your information with your County Registrar of Voters! Voting is a powerful tool to bring about change!

AAUW California Public Policy Committee

Diversity, Equity & Inclusion (DEI)

Dimensions of Diversity & Identity

Sex & Gender

Most of us grew up using the words “sex” and “gender” interchangeably, but research has shown that these are not the same thing. Understanding the difference is critical in **medical research, healthcare**, and creating a **more inclusive society**.



- **Sex**—refers to biological markers, including chromosomes, sex organs, and endogenous hormonal profiles. "Female" is a sex.
- **Gender**—refers to identity—socially constructed and enacted roles and behaviors. "Woman" is a gender.

Remember, DEI is not just a group of letters. It is the personal attitude that each of us has regarding acceptance of differences, welcoming interaction with a variety of people, taking action to see that everyone has equal access, including others in our thinking and activities

AAUW works to empower **women and girls** by promoting **gender** equity through research, education, and advocacy.

[Read More about Dimensions of Diversity & Identity](#)

Member News

It is with great sadness that we share the passing, on August 4, 2022, of Darrell Victor, branch member and husband of Helene Victor. Helene and Darrell were married for 26 years. He was her great love and best friend. She prefers no cards or flowers, but if you have a favorite memory of Darrell, please email Helene at darrell.and.helene@gmail.com.

If you have news about a member who needs to be congratulated on a special occasion or accomplishment, who needs to be encouraged during illness or difficult time, or to be reminded we are here for him/her, please contact our corresponding secretary, Tammy Tribbles, at Tammy@thetribbles.com

This is especially important during these pandemic times when we are isolated from our branch friends and not enjoying our usual meetings. Let's show our friends know we care.

AAUW Hayward-Castro Valley | PO Box 642, Hayward, CA 94543

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