



"When women take care of their health they become their own best friend."

– Maya Angelou

Visit our Branch
Website

It's My Vote Campaign



100 days to the election: Join AAUW's "It's My Vote!" campaign to elevate public discussion and engage gender equity advocates.

Get involved:

Use our [Voter Issue Guide](#) (English & Spanish).

Share our social media posts ([Facebook](#), [Instagram](#), [X/Twitter](#)).

Stay legal:

Review [AAUW Guidelines for Election Activities](#).

Stay informed:

Stay tuned for head-to-head voting guides and our Congressional Voting Guide.

Impact: When women vote, we change the conversation. Let's inform and motivate more women this election season!

Save the Date!



AAUW Hayward-Castro Valley Branch presents

**Our Annual Ice Cream Social
Honoring our Tech Trek girls and their families
Sunday, September 29, 2024
2 - 4 PM**

Faith Lutheran Church
20080 Redwood Rd., Castro Valley, CA

Save the date for our annual ice cream social honoring our six (6) Tech Trek girls and their families. Come enjoy the ice cream, the camaraderie, and the wonderful stories of camp.

No registration required. Hope to see you all there.

Branch Interest Groups



Drama Reading Group

Drama Reading is on summer break until October. Please email elisabethbathgate@icloud.com if you have any questions. Thanks. Liz



Book Group

The Book Group will meet on **Wednesday, August 13, 2024, at 3:30 PM** at Rita Sklar's home at 21730 Gail Dr., Castro Valley, CA.

We will discuss **"When Two Feathers Fell from the Sky"** by Margaret Verble, Pulitzer Prize Finalist.

Set in 1926 Nashville, the story follows a death-defying young Cherokee horse-diver who, with her companions from the Glendale Park Zoo, must get to the bottom of a mystery that spans centuries.

Everyone is welcome. Join us at Rita's for a lovely outdoor discussion. Please RSVP to slaterl@sbcglobal.net.

Dining Out Event



Dear Members. This summer we will enjoy the many fun adventures out in our community. We will keep you posted about dining out events.

Keep a lookout for emails from Pat Macsata at patmacsata@gmail.com.

President's Message

Your Board

Linda Slater - President
slaterl@sbcglobal.net

Helene Carr - Treasurer
helene.carr@yahoo.com

Liz Bathgate - Recording Secretary
elisabethbathgate@icloud.com

Judy Harrison - Tech Trek
jharrison663@comcast.net

Pat Macsata - Dining Out
patmacsata@gmail.com

Helene Victor - Tech Trek
darrell.and.helene@gmail.com

Sandy Boswell - IBC
sandyboswell@rocketmail.com

Nancy Turner - Social Media
hendry-turner@sbcglobal.net

AAUW Hayward-Castro Valley Branch board meetings occur on the first Monday of every other month at 6:30 PM on Zoom. Contact Linda for Zoom information.

All branch members are encouraged to attend board meetings.

AAUW's mission is to advance equity for women and girls through advocacy, education and research.

<https://www.aauw.org>

AAUW California's mission: AAUW California facilitates California branches in meeting the vision and mission of AAUW by providing programs, education and resources.

Tech Trek 2024

This year the annual summer Tech Trek camp was held, for the first time, at the University of Santa Cruz on the beautiful California coast.

Six girls were selected by our Tech Trek team, led by Judy Harrison, to attend camp. Thank you to Judy, Helene Victor, Linda Hendley, and Becky Bell for all your hard work.

The girls enjoyed structural engineering; marine biology; and mechanical engineering all provided by volunteer professors and teachers. They created projects, made lifetime memories and lastly friendships.

Please save the date for **Sunday, September 29, 2024, from 2 - 4 PM** for our annual Ice Cream Social at the Faith Lutheran Church in Castro Valley.

Meet the Tech Trek girls and their families as they regale us with their stories of camp. It is a not to be missed event.

On a personal note, I mentioned last newsletter that it is time for me to change direction and relinquish my leadership role as Administrative Officer for the Hayward-Castro Valley Branch **effective December 2024**.

I have been honored to fulfill the role for many years now. It is time to hand off the leadership reins to another capable member.

Please consider taking a more active role in the leadership of our branch. We can only do this if we work together.

Yours in Service,
Linda Slater, Administrative Officer

Tech Trek
2024
Carson Camp
at UC Santa
Cruz

Making projects, making
friends and making
memories for a lifetime.



Public Policy



Take Action Now! Help AAUW Advance AB 2326

To continue our legislative successes, we are asking you to take action again on AB 2326 (Alvarez). This bill will require California's three public higher education institutions' Chancellor or Office of the President to closely monitor and strengthen their compliance with Title IX. AAUW is reaching out again for you to help us advance this sponsored bill, which will next be heard in the CA Senate Appropriations Committee on August 5, 2024.

Take Action Via Resistbot

Take Action by reaching out to CA State Senators using Resistbot. Click on [THIS LINK](#) to "sign" the petition in support of [AB 2326](#). When you "sign," Resistbot will prompt you, through your preferred text message system, to send a letter with the petition text to your CA State Senator. If you have sent this petition in the past, no worries! **It is more than fine to SEND THIS PETITION MORE THAN ONCE**, especially at a critical moment when we need to compel our Senator(s) to act.

Take Action Via Telephone

Take Action by reaching out to members of the CA State Senate Appropriations Committee to let them know that you would like to see this bill advance. Click on [THIS LINK](#) to access the list of Committee members. The best method for this outreach is via telephone. You can use the talking points below or follow [this call script](#).

Learn More Before Taking Action

Click here to access [talking points](#) and a [fact sheet for AB 2326](#) before you sign the Resistbot petition and/or make your phone calls.

We thank you in advance

[Read issues of the AAUW CA Public Policy Newsletter](#)

August Community Events



The San Leandro Dahlia and Historical Societies present:

Dahlias & History
Wednesday, 7, 2024
Stop by anytime between 5 - 8 PM

In the Casa Peralta Courtyard
384 W. Estudillo Ave. in
Historic Downtown San Leandro

Join us for a beautiful evening in the Casa Peralta courtyard to see the gorgeous dahlia garden in full bloom and learn about the San Leandro Dahlia Society, the historic Casa Peralta, and the Historical Society's Little Brown Church. Dahlias are the official flower of the City of San Leandro. Free Event. Light refreshments will be served.

[For More Information](#)



Rotary Club of Castro Valley presents

Restaurant Walk 2024
Annual Walking Tour of Castro Valley Businesses
Saturday, August 13, 2024
6 - 8 PM

Join us for a delightful evening of food, fund, and community! The Restaurant Walk is an exciting event where participants can sample delicious offerings from a 21 local restaurants and businesses.

[\(Click here to see participating restaurants and businesses and sponsors\).](#)

Stroll through our beautiful town, savor unique flavors, and enjoy special dishes prepared just for this event.

All proceeds support local charities and community projects (George Marks House, CALICO, and Squadclub345). Don't miss this fantastic opportunity to indulge in great food while supporting good causes.

Purchase your Ticket Books today.
Cost is \$40 per book.

For Information on Buying Tickets



Hayward/South County Black Women Organized for Political Action (BWOPA) Chapter presents

**Your Vote Counts!
Saturday, August 17, 2024
10 AM**

Hayward Area Historical Society
22380 Foothill Blvd., Hayward, CA.

BWOPA will present information on why your vote is important; and overview of National, State, and Local elections; the pros and cons of Assembly and State bills; how you can get out the vote; and on-site voter registration. Light refreshments provided.

In partnership with The Links Incorporated Eden Rose Chapter, the Hayward-South County NAACP, the League of Women Voters of the Eden Area, and Craft Pizzeria.

FREE - Registration Required



United Seniors of Oakland and Alameda County presents

21st Annual Healthy Living Festival

Thursday, September 26, 2024

9 am - 2 PM

Oakland Zoo
9777 Golf Links Rd., Oakland, CA

The Healthy Living Festival is a free event for older adults, 55 and above, living in Alameda County. This annual event promotes health and wellness for aging adults, and includes free food, music, fun and more. Join us in taking collective action to improve the quality of life for seniors throughout Alameda County. Together, we can make a positive change!

Friends and family of guests are welcome to attend and must be registered in advance.

[Reserve Your Spot!](#)

Member News

Many of you will remember Pat Buchanan. She passed away peacefully on Sunday, July 7, 2024, with her family around her.

If you have news about a member who needs to be congratulated on a special occasion or accomplishment, who needs to be encouraged during illness or difficult time, or to be reminded we are here for him/her, please contact your branch president, Linda Slater at slaterl@sbcglobal.net.



AAUW Hayward-Castro Valley | PO Box 642 | Hayward, CA 94543 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!