



**"Freedom and justice cannot be parceled out in pieces to suit political convenience.
I don't believe you can stand for freedom for one group of people and deny it to
others."**

Coretta Scott King

[Visit our
Website](#)

AAUW Events



The Hayward-Castro Valley and Fremont Branches Present

The Annual Bi-Branch Luncheon Speaker: Samjhana Khanal

Saturday, February 8, 2025

11:45 am - 1:30 PM

Federico's Grill

37804 Niles Blvd., Niles, CA 94536

Come out to Niles on Saturday, February 8th, to meet **Samjhana Khanal**, recipient of a 2025 AAUW International Doctoral Degree Fellowship for her work in genetic resistance in lettuces. Her goal is to address the yield production and nutritional deficit especially evident in women and children by developing resistant seeds. She is motivated by her own experiences in Nepal, wanting to understand the core causes of farmers' agricultural problems and to improve agricultural productivity.

MENU: Bruschetta appetizer

Chicken Piccata or Pasta Primavera

Vegetables Potatoes Salad

PRICE: **\$32.00 person-includes tax and tip**

HOW to PAY: Zelle through your bank. **In comment state Entree choice + Branch**

Recipient- Judith Wolf, email: bigbadwolfie@juno.com

OR

Send a check, made out to AAUW H/CV, to Liz Bathgate at 22112 Queen St., Castro Valley, CA 94546. **In note state Entree choice**

Interest Groups



Drama Reading Group

Drama Reading will take place on **Wednesday, February 5th at 1 PM** at Liz Bathgate's home. I will make a treat for all of us to enjoy.

The February play is **"Raisen in the Sun"** by Lorraine Hansberry in 1959. The story tells of a black family's experiences in south Chicago, as they attempt to improve their financial circumstances with an insurance payout following the death of the father. It deals with matters of housing discrimination, racism, and assimilation. Sidney Poitier was the lead on Broadway.

Please let me know if you can come by calling 510-581-0461.
Liz



Book Group

In February we will meet on **Wednesday, February 26th, at 3:30 PM** on Zoom to discuss **"The House of Broken Angels"** by **Luis Alberto Urrea**. This is the Castro Valley READS pick for 2025.

The House of Broken Angels is a family saga that follows the de la Cruz family, particularly patriarch Big Angel and his siblings, as they attend their mother's funeral and Big Angel's final birthday party. The story takes place over two days and spans seven decades of memories. The novel explores themes of family, death, and what it means to be American.

Looking forward:

March - *Heaven & Earth Grocery Store* by James McBride

Everyone is welcome. We are a small, but mighty group. Join us on Zoom:

Meeting ID: 837 5015 4983

Passcode: 219

Hope to have you join us. Please RSVP to slaterl@sbcglobal.net.

Dining Out Group

The Dining Out Group will reconvene soon. Send your ideas



for tasty local restaurants to Pat.

Hope to have you join us. Please RSVP to Pat Macsata at patmacsata@gmail.com.

President's Message

Your Board

Linda Slater - President
slaterl@sbcglobal.net

Helene Carr - Treasurer
helene.carr@yahoo.com

Liz Bathgate - Recording Secretary
elisabethbathgate@icloud.com

Judy Harrison - Tech Trek
jharrison663@comcast.net

Pat Macsata - Dining Out
patmacsata@gmail.com

Helene Victor - Tech Trek
darrell.and.helene@gmail.com

Sandy Boswell - IBC
sandyboswell@rocketmail.com

Nancy Turner - Social Media
hendry-turner@sbcglobal.net

AAUW Hayward-Castro Valley Branch board meetings occur on the first Monday of every month at 6:30 PM on Zoom. Contact Linda for Zoom information.

All branch members are encouraged to attend board meetings.

AAUW advances equity for women and girls through advocacy, education and research.



It is Tech Trek Time Again

Tech Trek is a summer camp for middle school girls that focuses on STEM (Science, Technology, Engineering and Mathematics). Campers spend one week on a university campus – they live in the dorms, eat in the cafeteria, attend labs and classes, and learn what it might be like to be a college student.

In January your board voted to send up to 7 girls to camp this summer from the Castro Valley and Hayward school districts. AAUW CA has advised us they will attend the new Carson camp at UC Santa Cruz.

Your help is vital to our branch success! We really need members to step up NOW to: (1) manage the outreach to our local schools, (2) interview applicants, and (3) work with the girls' families. Please consider this important role in ensuring the success of Tech Trek.

In addition, branch volunteers are needed to staff up the camps by working a week as a dorm mom or classroom monitor. The Santa Cruz camp takes place **July 13 - 19, 2025**. So, mark your calendar and plan to spend a week or even a few days at camp.

Your financial donations are the lifeblood of the Tech Trek program, but **volunteers are the heart**. Thank you for stepping up. Send me an email at slaterl@sbcglobal.net if you can help.

Linda Slater, AAUW H/CV President

Public Policy



Why AAUW Public Policy Priorities Matter **by Nancy Major, Member AAUW California Public Policy Committee**

Why do AAUW's Public Policy Priorities matter? They shape the actions that we take as an organization, socially and legally.

AAUW's mission is to advance equity for women and girls. Our Public Policy Priorities guide how we encourage active citizenship toward the goal of advancing our mission. There are four branches to our Public Policy Priorities: Economic Security, Equal Access to Quality Public Education, Social and Racial Justice, and Increased representation of Women in Leadership roles. Each of these priorities is further broken down into several action-oriented subcategories, such as enforcement of Title IX and passage of the ERA. Our 2023-25 priorities can be found at <https://www.aauw-ca.org/public-policy-priorities-ppp-revised/>.

As active participants in society we can help shape the laws and society that govern us, such as healthcare, environmental policies, sex education, curriculum and book banning, housing, childcare, voting rights, immigrants' rights, sexual harassment, domestic violence, racial and LGBTQ discrimination, and Title IX enforcement. We "advocate" or promote our mission through research, education and lobbying for legislation on the international, national, state, and local levels.

History has shown that our advocacy has made a big impact on national, state and local laws. In California alone, you can see the laws that AAUW sponsored, authored, and/or promoted, including those that were passed in the most recent session by going to [AAUW California Bill Tracking Report 2024 - Google Sheets](#). AAUW is also doing impactful work internationally, working to curtail human trafficking and promote civil and human rights for all immigrants, including through participation in the UN Convention on the Elimination of All forms of Discrimination Against Women (CEDAW). Over the next four years, there will be a lot of opportunities to use this legislative advocacy to push back against attempts to overturn long standing human rights and civil rights protections.

Our Public Policy Priorities also shape our efforts to push forward programs that break through educational and economic barriers for women such as speaker programs, scholarships, oversight of local school boards, leadership and salary training, STEM opportunities for students, and Diversity, Equity and Inclusion (DEI) programs.

Why do our Public Policy Priorities matter? They make us the most effective advocates for our collective mission to protect and expand gender equity. At the branch and individual levels, we can take advantage of as many opportunities as possible to operationalize our Public Policy Priorities, and through this work to actively promote AAUW's mission. AAUW as an organization relies on the branches to stay informed and to keep track of where our Public Policy Priorities may fall short, to form coalitions with local allies who have similar missions, and to assign branch members to focus where we can have the most impact.

Member News

If you have news about a member who needs to be congratulated on a special occasion or accomplishment, who needs to be encouraged during illness or difficult time, or to be reminded we are here for him/her, please contact your branch president, Linda Slater at slaterl@sbcglobal.net.

February Community Events



Castro Valley Library Presents

Castro Valley Reads Kick-off Event

Sunday, February 2, 2025

2:00 - 3:00 PM

Castro Valley Library
3600 Norbridge, Castro Valley, CA

Join us to learn more about our featured book, **The House of Broken Angels by Luis Alberto Urrea** and listen to the beautiful music of Cascada de Flores! You can pick up a free copy of the book, while supplies last!

Before coming to the Kick-Off event, please register for a Library-hosted discussion group, or you can create your own discussion group with three or more people.

For more information about discussion groups visit this page: aclibrary.org/castro-valley-reads

No need to register for the Kick-Off Event. Please register for a discussion group before coming to the Kick-Off.



Douglas Morrison Theater Presents

Tenderly: The Songbook of Ella Fitzgerald

Friday, February 14, 2025

8:00 PM

Douglas Morrison Theater
22311 N Third St., Hayward, CA

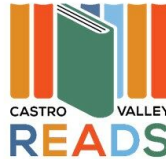
Join us for a captivating Valentine's Day celebration with **Stella Heath and the Starlights** as they present the Songbook of Ella Fitzgerald. This special performance will be a heartfelt homage to the First Lady of Song, blending her timeless music with fascinating historical stories and meticulous research.

Tickets are \$25.00 per person.

[Buy Tickets HERE](#)



Annelies Zijderveld
photo by Stephanie Shin



Castro Valley Library Presents

A Tamalada for Book Lovers

Tuesday, February 18, 2025

6:30 - 8:00 PM

Castro Valley Library
3600 Norbridge, Castro Valley, CA

Every December families and friends gather together at tamaladas, making tamales by hand, and every December, Bay Area culinary instructor Annelies Zijderveld teaches sold out tamaladas. In honor of Castro Valley Reads 2025, Chef Annelies offers a special tamalada this month!

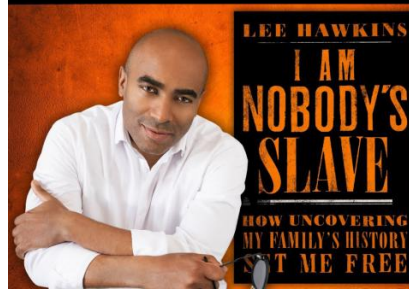
Learn the keys to making fluffy Mexican tamales. Made out of masa harina, tamales often tuck a surprise inside. Common fillings include pork, chicken, beans, or cheese with rajas. Chef Annelies will demonstrate how to create tamales with cheese and rajas (charred poblano chile). Each attendee will take a tamale to cook at home for a freshly steamed snack. **This class is for adults only and registration is required. Registration opens February 3rd at 9:00 am.**

Presenter Bio

Annelies Zijderveld is a Bay Area cooking instructor whose cookbook, *Steeped: Recipes Infused with Tea* was selected by The Los Angeles Times as a favorite cookbook of the year. Her work is in the food and writing spheres, and you can find her food writing in *epicurious*, *eater SF*, *The Kitchn*, *Simply Recipes*, *EatingWell* and other publications. She has an MFA in poetry and is at work on her first book of poems. She resides with her family in Oakland.

[For More Information](#)

Online Author Talk



Hayward Library Presents

I am Nobody's Slave - An Online Author Talk **Tuesday, February 18, 2025** **11:00 AM - 12:00 PM**

We welcome you to our conversation with **journalist and author Lee Hawkins** as he talks to us about the examination of his family's legacy of post-enslavement trauma and resilience in this riveting memoir, *I Am Nobody's Slave: How Uncovering My Family's History Set Me Free*.

I Am Nobody's Slave tells the story of one Black family's pursuit of the American Dream through the impacts of systemic racism and racial violence. This book examines how trauma from enslavement and Jim Crow shaped their outlook on thriving in America, influenced each generation, and how they succeeded despite these challenges. To their suburban Minnesotan neighbors, the Hawkinses were an ideal American family, embodying strength and success. However, behind closed doors, they faced the legacy of enslavement and apartheid. Lee Hawkins, Sr. often exhibited rage, leaving his children anxious and curious about his protective view of the world. Thirty years later, his son uncovered the reasons for his father's anxiety and occasional violence. Through research, he discovered violent deaths in his family for every generation since slavery, mostly due to white-on-Black murders, and how white enslavers impacted the family's customs.

[Register HERE to Attend Online](#)



Música from the heart
Song, dance & story for all ages

Castro Valley Library Presents

Casada de Flores **Saturday, March 1, 2025** **11:00 AM - 12:00 PM**

Castro Valley Library
3600 Norbridge, Castro Valley, CA

Join us for an immersive performance with Cascada de Flores. They combine music, dance, and story to create a dynamic, participatory, bilingual experience for the whole family. No registration required. Come and enjoy!

Membership Matters



The Hayward-Castro Valley values you too much to lose you as a member. This vital organization, which advances equity for women and girls, is strongest when we all join together. Please renew online or make your dues check payable to **AAUW-HCV**:

Renew **BY CHECK**: Mail to Liz Bathgate, membership chair, at 22112 Queen St. Castro Valley, CA 94546. Regular member \$107; Life member \$15; Dual member \$15.

Renew **ONLINE**: Go to [Login - AAUW](#)

Questions? Send an email to elisabethbathgate@icloud.com

AAUW Hayward-Castro Valley | PO Box 642 | Hayward, CA 94543 US

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